

## Booking Form

(You are welcome to photocopy this form if necessary)

PLEASE PRINT CLEARLY

Title, first name & surname of all participants (for labels)

Your address including postcode

Telephone

Email

Please return this form to The Quiet Garden Trust at the address below.  
Please enclose payment with your booking.

Suggested donation £15 per person (non-returnable). Please contribute whatever you can afford.

I enclose a cheque for \_\_\_\_\_ payable to The Quiet Garden Trust.

Please tick the box if you require a receipt.   
A stamped addressed envelope would be appreciated.

Please let us know if you have any dietary requirements for lunch.

A programme for the day and directions will be sent to you nearer the time.

Signature ..... Date .....

Send to: The Quiet Garden Trust, Kerridge House  
42 Woodside Close, Amersham, HP6 5EF  
tel: 01494 434873 email: info@quietgarden.org

## Celebrating 20 Years of The Quiet Garden Movement



## Gardens of the Heart

Saturday 28th April 2012  
at Worth Abbey  
Crawley, West Sussex

With

**Esther de Waal**

The Interior Garden: Medieval Monastic Gardeners at Work

and

**The Revd Philip Roderick**

Ways into Quietude:

Earth and Heaven, Pause and Movement, Sound and Stillness

10.30am – 4.00pm  
Coffee from 10am



## **Celebrating 20 years of The Quiet Garden Movement**

**Esther de Waal**

### **The Interior Garden: Medieval Monastic Gardeners at Work**

*'A garden enclosed is my sister, my bride.'*

*'Oh Lord Jesus, true gardener, work in us what you want of us.'*

"An exploration of garden development as both image and reality; looking particularly at Cistercian spiritual writing and practical design and at the emergence of the cloister garden in England and Europe."

Esther de Waal is one of the Founder Patrons of The Quiet Garden Movement. She has been a wonderful story-teller and seed-scatterer for the vision. Esther is an Anglican laywoman who is an author and lecturer with a special interest in the Benedictine, Celtic and Cistercian traditions. She also travels and gardens. Esther lives in the Welsh Borders whose landscape she regards as having shaped her spirituality.

### **The Revd Philip Roderick,**

Founder Director of the Quiet Garden Movement leading us in

#### **Ways into Quietude:**

#### **Earth and Heaven, Pause and Movement, Sound and Stillness**



There will also be news from Quiet Gardens and opportunity to join the monks for prayer or for quiet time in the gardens.

*The Quiet Garden Trust,*  
**Kerridge House, 42 Woodside Close, Amersham, HP6 5EF**  
**tel: 01494 434873 email: [info@quietgarden.org](mailto:info@quietgarden.org) web: [www.quietgarden.org](http://www.quietgarden.org)**

## **The Quiet Garden Movement**

A Ministry of Hospitality and Prayer

*"Come with me by yourselves to a quiet place and get some rest."*

Plant a small seed and wait for the growth! From the opening of the first Quiet Garden in 1992, the Quiet Garden Movement has today become an international organisation in four continents. There are now about 300 Quiet Gardens: places of sanctuary and solitude, prayer and spiritual nurture.

The model began in private homes, but the concept has now taken root in other more public institutional settings. These include churches, schools and hospitals, with interest also from some prisons. As we celebrate 20 years of the Movement, there is still a need for quiet places to nurture spiritual and mental well being.

**Worth Abbey** is a Benedictine Monastery with a resident community of 24 monks. Benedictine spirituality has long been associated with respect for the local environment and appreciation of God's work in nature. Part of the grounds has been set aside as a Quiet Garden.



Worth Abbey is located close to Crawley and the M23, just 32 miles from London and 22 miles from Brighton, making it easily accessible by road. The London to Brighton train line offers a regular service to Three Bridges which is only 4 miles away. We hope that car sharing will be made available through [freewheelers.co.uk](http://freewheelers.co.uk).

### **Booking details**

Refreshments including finger buffet lunch will be provided so booking is essential please. The booking form overleaf should be completed and returned to The Quiet Garden Trust's Amersham office.

Early booking would be appreciated for catering purposes.

